

WHAT SHAPE IS YOUR DOG?

A little extra weight can be a **BIG PROBLEM**. Whether it's once a week or once a month, check your dog's body score regularly to make sure he's staying happy and healthy.

BODY 1 SCORE

VERY THIN
< 5% body fat

Ribs – Easily felt with no fat cover
Tail Base – Bones are raised, no fat cover
Side View – Severe abdominal tuck
Overhead View – Accentuated hourglass shape

20% below ideal body weight



Consult your veterinarian!

BODY 2 SCORE

UNDERWEIGHT
5-15% body fat

Ribs – Easily felt with little fat cover
Tail Base – Bones are raised with slight fat cover
Side View – Abdominal tuck
Overhead View – Marked hourglass shape

10% below ideal body weight



Consult your veterinarian to see if you are underfeeding your dog.

BODY 3 SCORE

IDEAL BODY WEIGHT
16-25% body fat

Ribs – Easily felt with slight fat cover
Tail Base – Some contour with slight fat cover
Side View – Abdominal tuck
Overhead View – Well-proportioned waist

Ideal body weight



Great job!
Keep doing what you are doing.

BODY 4 SCORE

OVERWEIGHT
26-35% body fat

Ribs – Difficult to feel under moderate fat cover
Tail Base – Some thickening, bones palpable under moderate fat cover
Side View – No abdominal tuck
Overhead View – Back is slightly broadened at waist

10% above ideal body weight



Consult your veterinarian about the right nutrition for your dog and about ways to increase activity.

BODY 5 SCORE

OBESSE
> 35% body fat

Ribs – Difficult to feel under thick fat cover
Tail Base – Thickened and difficult to feel under thick fat cover
Side View – No waist, fat hangs from abdomen
Overhead View – Back is markedly broadened.

20% above ideal body weight



Extra weight can cause serious health problems for your dog. Consult your veterinarian about the right nutrition for your dog.